

a
PATHWAY to
COMMUNITY
HEALTH
JUSTICE

The purpose of this **Pathway to Community Health Justice** is to map a macro trajectory of how the health phenomena communities experience can be accurately and equitably acknowledged in order to provide community health justice on a systemic level

We are proposing a two-stage pathway where each stakeholder involved in community health justice has an improved role to play.



PART 1

Validate the Phenomena

For any strategy or change initiatives addressing community health injustice to be equitable and accurate, we have to do everything in our power to support communities in validating and capturing the health phenomena.

The process as well as the outcomes have to be *consensual* and *understandable* both for the affected communities.

Doing this means a multifaceted approach that may involve a combination:

- Qualitative data.
 - Interviews and journaling affected community members.
- Quantitative data.
 - Healthy and activity metrics at the relevant scale.
- Creative output and storytelling.
 - Creating reports that represent the current situation.
 - Creating a database of information on the phenomena that is accessible to the community.
- Community ideation and campaigning.
 - Providing space for meaningful ideation over the past, present, and future of the phenomena.
 - Physical and/or virtual town halls with documentation and necessary shareholders in the phenomena.
 - Asking communities what information would empower their current campaigns.

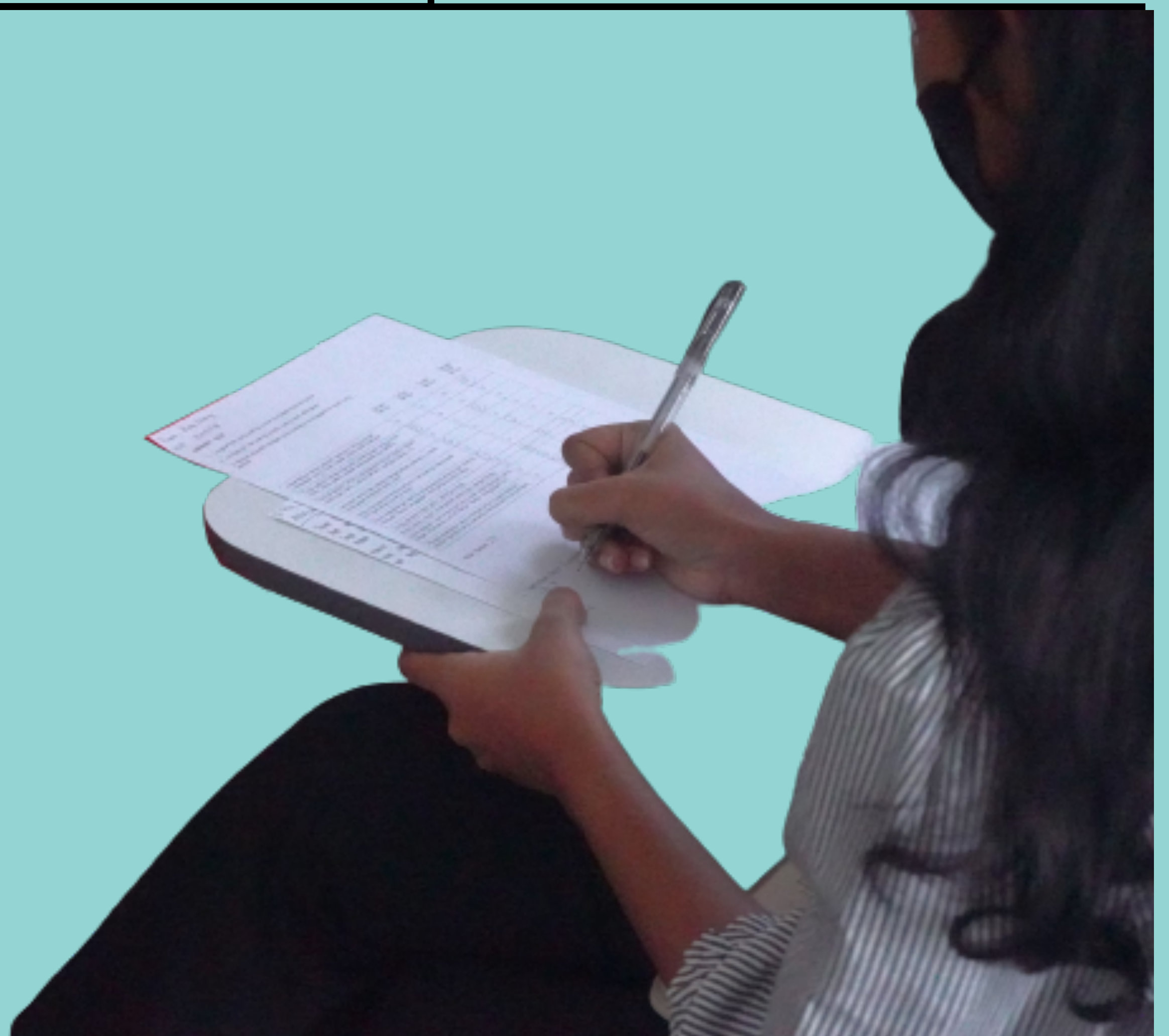
When individuals and small groups of people experience health related phenomena, they are often faced with gaslighting and potentially condescending attitudes from centralised academic, medical or other related professional bodies. Some of the tactics used to dismiss and diminish experiences can be:

Inexperience with terminology

Intentional bureaucracy

A lack of comparable cases to reference

Lack of tools and practices to document their experiences



The solution involves galvanising those experiencing the phenomena through:

Community recognition and lexicon of phenomena

- Providing resources through campaigns that help communities ideate their experiences in the context of terminology that may not be commonly familiar.
 - Ex: Lexicons from Urban Health Council, data results from Right to Know

Community validation through tools and lived experience

- The creation of toolkits and funded research to help format experiences and phenomena into the type of data that can benefit researchers and other entities in approaching solutions and engaging communities and individuals.



When the phenomena is validated by those experiencing it:

The experiencers feel confident explaining their phenomena.

Information on the phenomena can be safely analysed and shared.

Experiencers have a meaningful say on what “justice” looks like for the phenomena.

PART 2

**Change
the
Ecosystem**

After the phenomena is equitably documented by communities and community-based researchers, it is up to those with more authority to use this information and narrative to enact health justice through their actions in their various domains, often less accessible to the average citizen.

Those in these academic, medical, and professional professions do not need to become the campaigners or overreach the boundaries of their specialisations.

The system and stakeholders

The solution to community health justice involves a passing of the baton of lived experience and action research to infrastructure through:

- Proactive, collaborative, equitable spaces to contextualise the experiences and ideate.
 - E.g. Urban Health Council
- Progressive templates that recognise community phenomena relevance for academic, medical, and professional strategy and activities.

When the ecosystem is equitably changed:

Experiencers do not feel the overwhelming burden of ongoing campaigning to get their experiences acknowledged.

There is transparency and accountability in the strategies and actions of entities affecting community health.

Over time, these lived experiences create a new meaningful approach to collecting data, and influencing other areas of healthcare such as GP's and local health centres where insights are sent upstream to larger bodies concerned with regulating places, commerce and environments.

This pathway equips people and organisations with an understanding in how to achieve health justice for communities through research.

If you want further insights in how to use it, please contact us:

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About us

We're a lab creating tools and strategies to elevate public health.

We're a team of neuroscientists, data ethicists and urban strategists building what's needed.

thecentriclab.com

